

# *Reading Strategies*

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## Reading Tips for Academic Success





## *Where to Begin . . .*

- ★ Find a comfortable place to study
- ★ Keep distractions to a minimum
- ★ Determine the goal of the assignment. What are you supposed to learn from the reading?
- ★ Remember to take frequent short breaks to stretch and relax (this will minimize stress and prevent overload!)

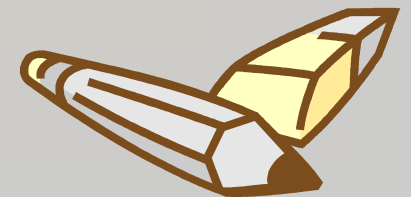




# *Analyzing what you read*

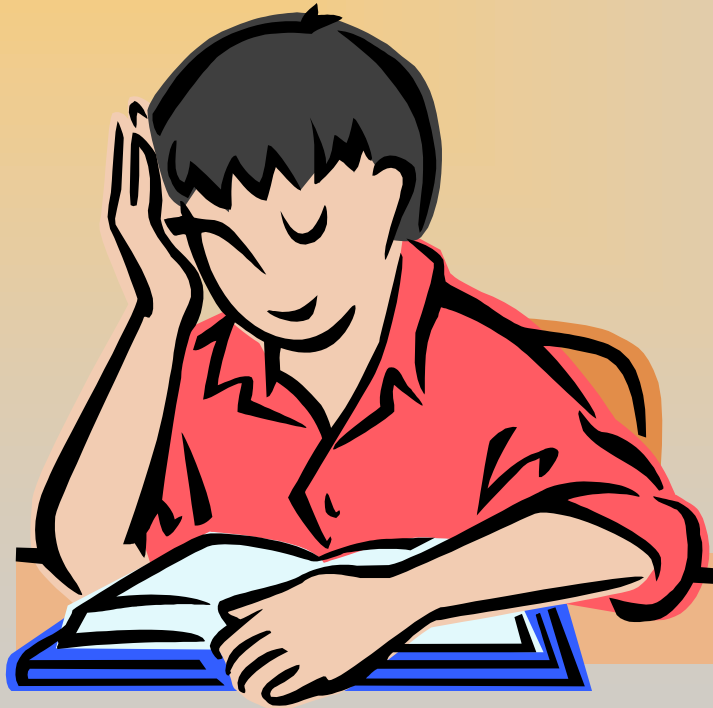


- ★ Make notations throughout the text (using a pencil is a good idea because it's easier to make revisions)
- ★ Question what you are reading . . . what are the main points of the text?
- ★ Keep a dictionary nearby so you can look up unfamiliar words
- ★ Notice reading aids – any “bolded” items or graphics are usually there for a reason





# *SQ3R*



- ★ Survey
- ★ Question
- ★ Read
- ★ Recite
- ★ Review

# *SURVEY (S)*



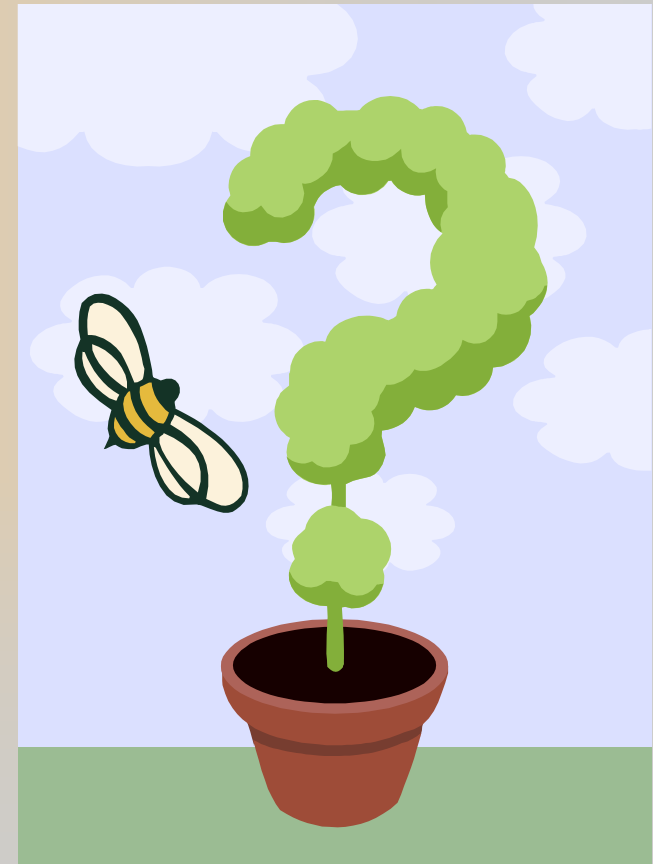
- ★ Survey – scan what you are reading
- ★ Consider the title and read the introduction and summary to determine the important points of the reading
- ★ Pay attention to reading aids, such as highlighted text and charts/graphs



# QUESTION (Q)



- ★ Question – determine what questions will be answered from the reading
- ★ Write down the questions so you can refer to them later
- ★ The better the question, the better the comprehension



# *READ (R1)*



- ★ Read each section with your questions in mind
- ★ Try to find the answers to your questions and maybe even form new questions!
- ★ Write down the main points as you read
- ★ If something doesn't make sense, read the section aloud a few times

# *RECITE (R2)*



- ★ After each section, recall your questions and try to answer them without looking at the text
- ★ Don't move on to the next section until you can answer the questions from memory





# REVIEW (R3)



- ★ Upon finishing the essay, chapter, etc., review the main points of the reading
- ★ Try to answer all of your questions from memory
- ★ If you can't answer all of the questions, look back and refresh your memory
- ★ Gain something from the reading . . . Actively learn!! Don't just skim through the text . . .



## *What you will accomplish . . .*



- ★ A greater understanding and appreciation of the material
- ★ The ability to engage your mind in active thought processes
- ★ Development of critical thinking skills

